

Developmental Assets for Youth A Checklist for Parents

1. My child receives high levels of love and support from family members.
2. My child can come to me for advice and support and have frequent, in-depth conversations with me.
3. My child knows other adults he/she can go to for advice and support.
4. Our neighbors encourage and support my child.
5. My child's school provides a caring, encouraging environment.
6. I help my child succeed in school.
7. My child feels valued by adults in our community
8. My child is given useful roles in our community.
9. My child serves in the community one hour or more each week.
10. My child feels safe at home, at school, and in the neighborhood.
11. I set standards for appropriate conduct and monitor my child's whereabouts.
12. My child's school has clear rules and consequences for behavior.
13. Our neighbors take responsibility for monitoring my child's behavior.
14. I model positive, responsible behavior for my child.
15. My child's best friends model responsible behavior.
16. My child gets encouragement to do well from me, teachers, and other adults.
17. My child spends three hours or more each week in lessons or practice in music, theater, or other arts.
18. My child spends three hours or more each week in school or community sports, clubs, or organizations.
19. My child spends one hour or more each week in religious services or spiritual activities.
20. My child goes out with friends "with nothing special to do" two or fewer nights each week.
21. My child wants to do well in school.
22. My child is actively engaged in learning.
23. My child does an hour or more of homework each school day.
24. My child cares about his or her school.
25. My child reads for pleasure three or more hours each week.
26. My child believes it is really important to help other people.
27. My child wants to help promote equality and reduce world poverty and hunger.
28. My child can stand up for what he or she believes.

29. My child tells the truth even when it's not easy.
30. My child can accept and take personal responsibility.
31. My child believes it is important not to be sexually active or to use alcohol or other drugs.
32. My child is good at planning ahead and making decisions.
33. My child is good at making and keeping friends.
34. My child knows and is comfortable with people of different cultural/racial/ethnic backgrounds.
35. My child can resist negative peer pressure and dangerous situations.
36. My child tries to resolve conflict nonviolently.
37. My child believes he or she has control over many things that happen to him/her.
38. My child feels good about himself/herself.
39. My child believes life has a purpose.
40. My child is optimistic about his/her future.

Source: Search Institute, 1997

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